



Saint-Raphaël

A unique getaway



2021

SaintRaphaël
Tourisme



ENGLISH
saint-raphael.com



SAINT-RAPHAËL

BLENDING LAND AND SEA

SAINT-RAPHAËL, NESTLING BETWEEN THE MEDITERRANEAN AND THE ESTÉREL, DAZZLES WITH ITS COASTAL BEAUTY, ITS NATURAL HERITAGE AND ITS ENCHANTING LIFESTYLE.

AN EXCEPTIONAL HERITAGE

The heart of the town which embraces a medieval centre, ports, the Promenade des Bains and a host of districts: Valescure, Boulouris, the Dramont, Agay, Anthéor-le Trayas. Deeply-rooted traditions, spotlighting ancestral fishing, local markets and community life. Proud of its heritage and its landscapes, the town offers a myriad of leisure activities, visits, watersports activities, golf courses, walking tours and events season-in, season-out



AN OUTSTANDING RESORT

36 km of coastline, boasting beaches, bays, creeks and red-rock calanques. Unspoilt, breathtaking nature everywhere.

A DYNAMIC TOWN

All the year round, festive events arrive one after the other, giving the town a real party atmosphere...



GUIDED TOURS

Different themes on offer each week. Price: **Price: €4,50**

Information and booking, call: 04 94 19 52 52

• FROM THE OLD TOWN TO THE SEAFRONT

RESORT Through the medieval village to the stylish Belle Époque seaside resort, a thousand years of history engraved in the streets of Saint-Raphaël. Duration: 2h.

• **BELLE ÉPOQUE VILLAS** Saint-Raphaël comprises a host of exquisite 19th-century villas, holiday homes and mansion houses where quite a few celebrities have stayed. Discover Alphonse Karr and Charles Gounod along your journey through this original tour. de cette visite originale. Duration: 2h.

• **THE LANDING AT DRAMONT, SMALL AND BIG STORY** On 15 August 1944, the 36th Texas Infantry Division landed on the Dramont Beach, the Anthéor Calanque. This tour invites you to travel back through history, with the departure point directly on the Débarquement Beach. Above the beach, discover the commemorative stones and a US Army barge, souvenirs of these un- forgettable moments of the Town's history. Duration: 1h30.



• THE GRANDS CAOUS QUARRY

The Grands Caous Quarry is right at the heart of the listed Natura 2000 site of the Estérel Massif. Visitors can explore the geological, historical, environmental and industrial aspects of the quarrymen's work. Free visit to the landscaped trail (reservation required) on Fridays: Tel. 04 94 19 83 56. Starts at 10 am, Duration: 1hr. Bd Delli-Zotti - 83700 Saint-Raphaël

• LITTLE TRAIN TOUR

Departure: Esplanade Delany (Bonaparte car park). 30-minute tour with commentary (French & English) in the town centre, beside the sea, etc. Fare: €4 per person. Free for under 3s. No reservation required. For dates and times, call 04 94 19 52 52/06 62 07 65 09



**Saint-Raphaël demeures
et jardins de la Belle Époque**
Price: €15



**Mémoires du
viaduc d'Anthéor**
Price: €20



**Saint-Raphaël en BD
Saint-Raphaël,
une histoire
entre Terres et Mer**
Price: €12

Books on sale at the Saint-Raphaël Tourist Office
and the Agay Tourist Office

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SEA-FRONT

1 The old port

The port is a fabulous place to walk and take in the views of the bay and the town-centre, as well as admire the yachts and sailing boats. Many traditional fishing boats are moored along the fishermen's quay. The fishermen bring their catch every morning to the fish market. Many coastal boat tours set off from the port.

Jardin Bonaparte

2 This 20,000 m² landscaped garden and the statue of the archangel Raphaël overlooks the bay and the old port. In the centre of the gardens there is a public square and children's play area.

3 Promenade des Bains

This promenade was built between 1880 and 1882 and was called the "Terrasse des Bains". It marks the beginning of the tourist era of Saint-Raphaël, along with the casino.

4 Promenade Beaurivage

Beaurivage is a unique place to stroll, completely open onto the sea with large green spaces to relax in. It's also the departure point for water sports.

5 Port Santa Lucia

The marina is the perfect place for a stroll. The numerous bars and restaurants face the quays and pleasure boats. For those who like walking, the coastal path starts out at the most eastern point of the marina.

BELLE ÉPOQUE

1 Notre-Dame de la Victoire Basilica

Built by Pierre Aublé between 1883. It represents the Romano-Byzantine style, popular in the Belle Époque.

2 Hôtel Excelsior

This Palladian style villa, built in 1886, is the work of Pierre Aublé.

3 Villa Roquerousse

Built in 1904, this villa is a superb example of Art Nouveau architecture. The exterior of the villa is decorated with flowers and plants and completed by a small urban garden.

4 Le Méditerranée

These remarkable Victorian-inspired holiday apartments opened in 1914 as "Hôtel de la Plage".

5 Les Palmiers

Built in 1882 by the architect Ravel, this charming building mixes gothic, renaissance and classical elements in an eclectic style typical of the most beautiful buildings of the Riviera.

6 Plateau Notre-Dame circular walk

The sumptuous buildings of the late 19th and early 20th centuries are well worth discovering. The Home Arménien (formerly a luxury hotel), Villa Aublé (historic monument), Villa Stylosas and Villa Montjoie are some examples of the numerous architectural achievements of the time.

CULTURE IN THE CITY

1 Romane church

With 12th century ramparts and a 14th century watchtower. Bas-relief dating from the Middle-Ages and a Carolingian crypt. Panoramic views from the 22m high tower. Access free to this site. Entrance through the prehistory museum (see below).

2 Prehistory and marine archaeology museum



Houses local heritage and prehistory collections as well as Roman remains from marine archaeological excavations. Free access. Tel. 04 94 19 25 75. Place de la Vieille Eglise. Opening times and information: musee-saintraphael.com

Interactive digital tour of the museum: The interactive, complementary information showcases the key exhibits of the three areas: prehistory, marine archaeology and medieval. Visitors can use the augmented reality app at the top of the medieval church tower to discover Saint-Raphaël's landscape. Interactive content is also available for smartphones by scanning the QR codes placed throughout the museum. iPads and iPod touch are available free of charge.

3 Louis de Funès Museum



The only museum dedicated to Louis de Funès, the artist and the man. The museum shows us the private Louis de Funès with his family in his château and garden. With hundreds of fascinating objects, we can follow the life and work of France's favourite actor. In the different rooms, visitors can see film posters, movie sets and awards marking the exceptional career of Louis de Funès. Everything is designed to make sure the visit is a fun, entertaining and fascinating

experience to enjoy with your family. Opening times and information: museedefunes.fr

• Adults: €6 • Group rate: €4 per person (minimum: 10 visitors) • Guided visit: €10 per person, including admission (minimum: 6 visitors) • Free for under 18s, students aged under 26, unemployed and beneficiaries of minimum social benefits on presentation of valid written proof. **Tickets on sale at the Saint-Raphaël and Agay Tourist Offices.**



4 Micro-Folie



Digital museum

The Micro-Folie digital museum features a selection of 400 treasures from 12 major French museums. Cultural Centre Marcel Pagnol room Tel. 04 98 11 89 00. Opening times and information: saintraphael.micro-folies.com



DISCOVERY TOURS

Suggestions for non-guided sightseeing trails

• IN THE FOOTSTEPS OF THE DRAMONT QUARRY WORKERS

21 panels have been set up at the former Dramont porphyry quarries at the initiative of the Cercle Dramontois, an association preserving the memory of their ancestors, and in partnership with the city. The aim is to highlight the industrial and human history of the site, where 800 quarrymen worked between 1864 and 1959. This aspect of local identity is now embodied in a nature trail. Duration: 30min.



• HISTORIC VISIT TO VALESCURE

A walk along the Valescure avenues with a chance to see the beautiful houses that give the district its identity. This is a history forged by enthusiastic architects, renowned doctors, outstanding personalities and, of course, the "English colony" in the Victorian period. Brochure available at the Tourist Office. Free of charge. Duration: 30min. and 1h30.

• MEMORIAL TRAIL

See the numbers for the sites on the "coast and Estérel" map on pages 12 and 13.

- 1 **MONUMENT TO THE AFRICAN ARMIES:** A stone plaque in honour of the African soldiers who died on the field of battle.
- 2 **BOULOURIS MILITARY CEMETERY:** The cemetery is the resting place of 464 soldiers of different origins and faiths, belonging to General de Lattre de Tassigny's 1st French Army, who were killed during the Allied landing in Provence.
- 3 **THE LANDING BEACH:** A landing craft and stone plaque commemorating the Texan 36th Infantry Division, which landed on 15 August 1944, under the command of Major General Dahlquist.
- 4 **ANTHÉOR BEACH:** The most easterly beach in the Allied landings in Provence was strategic due to the viaduct which was destroyed during the American attack.
- 5 **POINTE DE L'OBSERVATOIRE:** A large number of German anti-aircraft bunkers and blockhouses can still be seen at the site.



ARTISTIC TRAILS

• VISIT TO THE "MUSÉE À CIEL OUVERT" MACO



An artistic trail through the streets of the town, featuring 15 paintings on building façades, feeder pillars, steps and walls. Urban artists have made their mark and enriched the **Musée à Ciel Ouvert** open-air museum. Free visit, reservation required from the cultural centre. Tel: 04 98 11 89 00.

• **LA RUE DES ARTISTES** In the old town, see the artists' studios in **Rue Safranié**: painting, sculptures, jewellery making, etc.

• ART GALLERIES

ART LIFE GALLERY : A contemporary art centre at the heart of the town with work by recognised artists and young, emerging talents. 13 rue Alphonse Karr - 83700 Saint-Raphaël artlifegallery.fr

TRAMONI : A chance to see paintings by the artist Olivier Tramoni at a permanent exhibition in the Place Couillet Gallery. oliviertramoni.fr

“Don't miss”

- **LOUIS DE FUNÈS MUSEUM** A museum to have fun and find out about the man behind the French film star. Come and visit a 400m² museum recounting the life and work of the French people's favourite actor. His private life, career, friends and awards.
- **GUIDED TOUR** From the old town to the seaside resort Between the medieval village and the elegant Belle Époque seaside resort, a thousand years of history are told by the streets of Saint-Raphaël.
- **JARDIN BONAPARTE** A garden looking out over the town. You feel like you are on board an ocean liner... A chance to see the old port, as well as a view over all the town and neighbouring areas.



Une escale gourmande et raffinée
au cœur de Saint-Raphaël
face à la mer.

**VOUS ÊTES
À L'EXCELSIOR.**

EXCELSIOR

HÔTEL**** RESTAURANT BAR BRASSERIE - T. +33 (0)4 94 95 02 42
Promenade du Président René Coty . SAINT-RAPHAËL . www.excelsior-hotel.com

MARKETS

Come and soak up the atmosphere, enjoy a drink and eat a few local specialities at the indoor market in **Place de la République**. At **Place Victor Hugo**, you can go to know the local traditions and talents of Saint-Raphaël's farmers. Every morning except Monday.

Fish market at the old port every morning, every day. Early in the morning, there is a special atmosphere focused on the arrival of the boats filled with fresh fish. The fishermen are always ready to share a few recipes and tips about how to cook their fish.

STREET MARKETS : Stalls with food, flowers, produce from farmers and local sellers, manufactured goods

- Place Victor Hugo: Thursday morning
- Place de la Poste à Boulouris : Monday mornings
- Place Giannetti - Agay : Thursday mornings

FLEA MARKET Place Couillet every Tuesday

CRAFT MARKET The Old Port: Every Sunday and bank holiday

- In July and August: Every evening: Sea-front
- Saturday and Sunday evenings: Agay sea-front
- Every Wednesday: Cap Estérel

• **Fréjus** Street market: Wednesday and Saturday mornings.

Historic centre; Sunday mornings: sea-front

• **Le Muy** Main square: Provençal market on Sunday mornings.

• **Saint-Tropez** Place des Lices :

Street market: Tuesday and Saturday mornings

• **Nice** Cours Saleya : Flower market every day except Mondays

In Italy

• **VINTIMILLE**: Fridays Sea-front

• **SAN REMO**: Saturdays Town centre



OUT TOP TASTY TIPS



LES BRASSEURS DE L'ESTÉREL make 100% Provençal beers with just the right amount of bitterness! There are different sorts of beer to try as well as a range of sodas, including lemonade and the region's number 1 cola! Come and visit the brewery shop: 170 rue I. Newton Tel. 07 82 07 48 78 riviera-beer.com

DOMAINE TERRES DESTEL At the heart of the volcanic rock of the Estérel, the region brings the vineyards the sunshine of Provence and the sea winds from the Mediterranean. The wine cellar is open from October to May (reservation required). Tel. 04 94 82 46 80. Rue Jean Rostand terresdestel.com

LA TARTE TROPÉZIENNE Cakes, fine foods 29 place Gallieni Tel. 04 94 19 47 80 latartetropzeienne.fr

LE PROVENÇAL Chocolates, cakes, sweets, macaroons, Provençal calisson sweets, nougat, honey, gingerbread, candied fruit. Tapenades, anchovy spreads and sardine purée. 95, bd Félix Martin Tel. 04 94 95 04 26 le-provençal.net/fr

LE PALET D'OR Didier Carrié - Artisan-chocolatier. He created "Le Mimosa d'Agay" A white chocolate truffle flavoured with mimosa, candied lemon-peel and plant liqueur... a must-taste. 170, rue de l'Agay 83530 Agay Tel. 04 94 82 00 88

MADAME BOHÈME We welcome customers to our tea room with a menu of teas from all over the world and served with sweet treats to delight the taste buds. 42 Rue Gambetta Tel. 04 83 73 55 55 madameboheme.com

LA CURE GOURMANDE Biscuits, sweets, chocolates, regional specialities. The shops are an enchantment. Here customers can savour an enjoyable experience with some very tasty treats. 8 Bd Félix Martin. Tel. 07 66 67 39 55 curegourmande.fr

ENTRE METS Our aim is to introduce you to chefs, creators, people who love good food and artists. The creations include both sweet and savoury French gastronomy. 67 rue Ch. Gounod & CC Golf Valescure. Tel. 09 87 57 72 50 entre-mets.eu

CHOCOLAT PUYRICARD VTasting our chocolate sweets means understanding all the importance of our traditional chocolate making since 1967. 40, rue de la liberté. Tel. 04 94 40 69 00 puyricard.fr



*Don't forget
our gift vouchers*



ALWAYS A BIG HIT

A gift voucher is a way to share the town's values and to support the development of retailers and artisans in our town centres! You are free to choose from 250 shops (fashion, beauty, jewellery, leisure, gastronomy, home decoration, services, restaurants, etc.). **On sale from the Trade Office, the Saint-Raphaël Tourism Office and the Agay Tourist Information Office.** jaimesaintraphael.fr



SAINT-RAPHAËL

JAGGED COASTLINE

THE SEA EMBRACES THE COAST AND UNVEILS ITS CURVED COVES, SECRET BAYS, BEACHES, CREEKS AND CALANQUES. A TREASURE TROVE OF SPARKLING JEWELS, BOASTING SAND AND RED ROCKS, AN INVITATION TO SWIM ON SUNNY DAYS OR TO STROLL, WANDER AND RELAX OFF-SEASON.

AGAY BAY



At the foot of the magnificent Rastel rock formation, Agay Bay unfurls onto a wide sandy beach where a myriad of summertime watersports activities are proposed: sailing, kayak, parasailing... enjoy incredible moments in this clear-water setting. The bay, sheltered to the West by the Cap Dramont and to the East by the Pointe de la Baumette, is the natural gateway to the Estérel Massif.

L'ÎLE D'OR

Ile d'Or is one of the sixty most beautiful sites in France. Privatized since 1897 (we cannot land there), it was renowned for its lavish receptions as the owner of the time proclaimed himself king of the island! It is also a reputed spot for dropping anchor, to easily discover the rich underwater world. Its crenellated square watch tower is built with Estérel redstone.



THE CORNICHE D'OR AND SECRET CREEKS

You have to make an effort to reach them. Follow all the steps from the **Corniche d'Or**, between **Anthéor** and **Le Trayas**, to get to these little gems of red rock in an unspoiled state, amid an enchanting setting with the colour of crystal-clear waters. Here, nature has pulled out all the stops. Who could resist the call of the translucent waters, to swim as far as the caves and rocks formed by the Estérel?

CONFIDENTIAL CREEKS

The coast is more confidential in the creeks of Boulouris or Le Dramont. Here children can look for shells, while little fish hidden in the rocks come to the surface all along the coastal path. This is a paradise for snorkelling or scuba-diving, especially on the outskirts of **Le Dramont** and the famous **Île d'Or**.

“Don't miss

• LA CORNICHE D'OR

• The panoramic Corniche d'Or road is an incredibly beautiful natural site! Exceptional views against the backdrop of the red volcanic rock of the mountains and the blue Mediterranean Sea. You can travel along this panoramic route by **car or motor bike**, but we recommend a visit by **boat or kayak**, so you can make the most of the view over the series of calanques and little beaches in an unspoiled setting.





Vieux-Port located at the very heart of the town.
Portmaster's office: Tel 04 94 95 11 19



Port de Santa Lucia the Côte d'Azur's 3rd port.
Portmaster's office: Tel 04 94 95 34 30

Port du Poussai the small Port du Poussai in the Dramont, located at the foot of the semaphore. Portmaster's office: Tel 04 94 44 12 24

Port de Boulouris is located on the coastguard path between Saint-Raphaël old town and the Cap Dramont. Portmaster's office: Tel 04 94 40 49 96



Port d'Agay this Port, located at the heart of Agay Bay.
Portmaster's office: Tel 04 94 17 15 57

Les ancres à vis : The organized mooring offers eco-friendly buoys for boats up to 16 meters. Tel. 06 60 57 79 94

Régie des ports de Saint-Raphaël : portsdesaintraphael.com

Pavillon bleu : Pavillon bleu is a European ecolabel awarded to ports and beaches which apply an eco-friendly management approach and initiate awareness campaigns for users.



Ports propres is the first and only measure in Environmental Management for marinas on a European-wide scale. It shows the determination of marina managers to make concrete commitments in favour of preserving the sea environment and to promote the sustainable development of coastal and marine activities.



FRANCE STATION NAUTIQUE

Quality label awarded to cities that offer centers of excellence in boating in terms of the safety of practitioners and respect for the environment, Saint-Raphaël has been wearing the "France STATION NAUTIQUE" flag since 1997 and offers boating a coherent organization of activities. To this end, our organization coordinates the steering committee and representatives of all activities. A quality pavilion for water sports. Fourth star for Station Nautique concerning the quality of services, activities, products and services meeting the demands and needs of all audiences. station-nautique.com

A 36 km coastline with sheltered rocky inlets and jagged creeks, the Saint-Raphaël region is rich in authentic sea life. All ages can explore the area during a freedive or a scuba dive. Take a dip with your swim fins in the birthplace of scuba-diving... In 1934 the first facilities were set up here and the earliest "underwater club" was founded! The pioneers discovered wild animals and plants that are still conserved today along the entire coastline. The coast has the Natura 2000 listing and is a protected sea area stretching from Agay to Le Trayas. To explore the exceptional sea depths here, there's nothing like making your first scuba-dive!



UNDERWATER EXPLORATION Saint-Raphaël is teeming with diving sites. The preserved coastline is the perfect place to see a wide range of underwater species, as well as numerous shipwrecks. Don't hesitate to ask for our free guide to diving in Saint-Raphaël or download it on saint-raphael.com



PELAGOS SANCTUARY

Saint-Raphaël and its coast are part of the marine park that stretches all the way to Italy. The area contains exceptional biodiversity. Dolphins, whales and 8500 other animal species are now protected and observed in a maritime area that is unique in Europe.

MARINE NATURE RESERVE

Cap Roux is the largest marine nature reserve in France. This 445 hectare reserve is an ideal place for fish reproduction thanks to its biodiversity and the variety and quality of its habitat. The zone is part of Natura 2000. All types of fishing are prohibited professional, amateur, sea-urchin, harpoon and line.



ACCESSIBILITY The sea for everyone with "HandiPlage". Saint-Raphaël has 2 HandiPlage sites: **Beaurivage beach** in Saint-Raphaël and **l'Escale beach** in Agay. The town recently received an accessibility prize. HandiPlage services are available every day from 10.30 am to 5 pm in summer. They include all the facilities and amenities disabled visitors need: reserved parking spaces, a shaded terrace, adapted changing rooms, toilets and showers, one-person lift, audio-beach system (helping people with visual disabilities to enjoy a swim), water wheelchairs, life jackets, armbands and swim noodles. ville-saintraphael.fr
Plage de Beaurivage : 06 09 52 23 60 - Plage de l'Escale : 06 18 88 47 35



DON'T FORGET THAT THE BEACH IS A PUBLIC AREA. PLEASE RESPECT ALL THE USUAL RULES TO KEEP THE BEACH CLEAN AND TIDY!

- . Don't throw litter on the sand (wrappers, cigarette butts, food, etc.) and don't bury them either. Use the nearby bins or baskets.
- . Notify the lifeguards or Town Hall about any dangerous waste.
- . Use the toilets alongside the beaches.
- . In summer, pets are generally not allowed on the beach or in the water due to the risks from dog mess.



PLASTIC WASTE-FREE BEACH

to make the town an environmental model

Saint-Raphaël has signed the "Plastic waste-free beaches" charter. A firm commitment from the town to reduce this polluting substance in the sea and on land and to help preserve the natural environment for the well-being and health of everyone. To keep pollution under control, it seems essential to protect our coastline, which is home to rich but fragile biodiversity. 3 fields of action: raising awareness, prevention, waste collection/cleaning/sorting.
biodiversitetousvivants.fr

CLEANING CAMPAIGNS



Saint-Raphaël is mobilising to help clean up the beaches and the town centre. By organising its own events, including spring and autumn cleaning campaigns, the town is raising residents' awareness about preserving the environment. Many local environmental associations are very active and have also set up litter-collection initiatives. There are over 20 initiatives each year on land, on the sea, on foot, involving divers or paddleboarders... Children and adults can take part in positive and friendly solidarity campaigns, such as *World Clean Up Day*, *Mes Rivages Propres* and *Clean Up No Mégots*.

GRAND SITE DE FRANCE

The Estérel Massif has applied for the "Grand Site de France" label. The specific features and values embodied by all the Network involve preserving exceptional landscapes, welcoming visitors, sharing and fostering sustainable development locally and in a dynamic way.

grandsitedefrance.com

SITES NATURA 2000

The Esterel with its rich biodiversity and remarkable geological heritage is part of the European network of Natura 2000 sites. The aim is to preserve the most precious natural habitats whilst maintaining the economic benefits and leisure activities of the region. The site measures a total of 15,000 hectares (7,800 hectares of land and 7,200 hectares of marine environment). As part of this project the local authorities of the Var Estérel Méditerranée region (CAVEM), working in tandem with local organisations, are responsible for the management and conservation of the site **esterel.n2000.fr**



Les Bateaux de Saint-Raphaël

Saint-Tropez
Île de Porquerolles
Vision sous-marine
Île de Sainte Marguerite
Les Calanques de l'Estérel
Promenade en sons et lumières

Achetez vos billets en ligne !

Quai Nomy - 83700 SAINT-RAPHAËL
04.94.95.17.46 // www.lesbateauxdesaintraphael.com



36 KM OF COASTLINE TO EXPLORE... THE RUGGED COASTLINE HAS A WIDE RANGE OF BEACHES: SANDY, PEBBLED OR SHADED SHINGLE BEACHES, CREEKS AND CALANQUES.

BATHING WATER QUALITY AND MONITORING

Supervision of areas reserved for bathers is ensured by qualified staff at lifeguard stations from June to mid-September. Veillat Beach lifeguard station (centre town): Tel: +33 (0)4 94 83 94 76 Supervised beaches: Beau Rivage, Péguière, Débarquement, Agay, Lido. Health control of bathing water is also implemented by the Regional Agency of Health (ARS) during the summer season. The results are displayed on the dashboards in front of the referred beaches at the emergency stations. It is possible to know the quality of bathing waters on baignades.sante.gouv.fr



HANDIPLAGE

Label guaranteeing access to leisure and beach for people with reduced mobility.

- Sandy beaches
- Coves and creeks
- Pebble beaches
- Coastal path
-  Tourist office

MEMORIAL TRAIL

- 1 Monument to the African Armies
- 2 Boulouris military cemetery
- 3 Allied landings beach
- 4 Anthéor Beach
- 5 Pointe de l'Observatoire



GROTTE DE SAINT-HONORAT



LE MASSIF DE L'ESTÉREL

L'ESTEREL IS A DAZZLING MOUNTAIN RANGE WITH ITS VOLCANIC ROCK AND BRIGHT COLOURS. ITS JAGGED OUTLINE PROVIDES SOME BREATHTAKING VIEWS ALL THE WAY TO THE SEA. THE CONTRASTING LANDSCAPES MAKE THIS A UNIQUE SITE WITH THE NATURA 2000 LABEL. AN ENDLESSLY ENTHRALLING AND SPECTACULAR SITE FOR WALKERS, CYCLISTS OR HORSERIDERS.

WORTH NOTING

The range is closed between 9 p.m. and 6 a.m. throughout the year. Before setting out for a walk, please find out about the level of risk for the day. You can find this information: www.var.gouv.fr
Find out about weather conditions. Take suitable equipment and shoes, and don't forget to take enough water with you. Keep away from grazing areas and bee hives.

RESPECTING THE ENVIRONMENT

To preserve this remarkable mountain range, please follow the regulations: stay on the footpaths, protect nature



During your walks or hikes you will cross natural areas. Some are under the control of the National Forestry Office.

FLORA AND FAUNA

As you walk along the footpaths and riversides, you will spot a wide range of animals and plants. Deer or wild boar, green lizards or stone martens, beetles and butterflies will all be there. Aleppo pines and Pinyon pines, agaves and mastic trees, bay trees, lavender, cistus and common broom are typical of the coastal area, while the shaded, north-facing slopes are covered in tamarisks. Higher up there are cork oaks, symbols of the Mediterranean identity, evergreen oaks, rosemary, juniper and asphodels. Above 200m, Judas trees, sessile oaks, lime trees, maple trees, heather, strawberry trees and mimosas all grow.



ACCESS TO THE MASSIF BY CAR
Entrance: Rue du Gratadis



We recommend you:

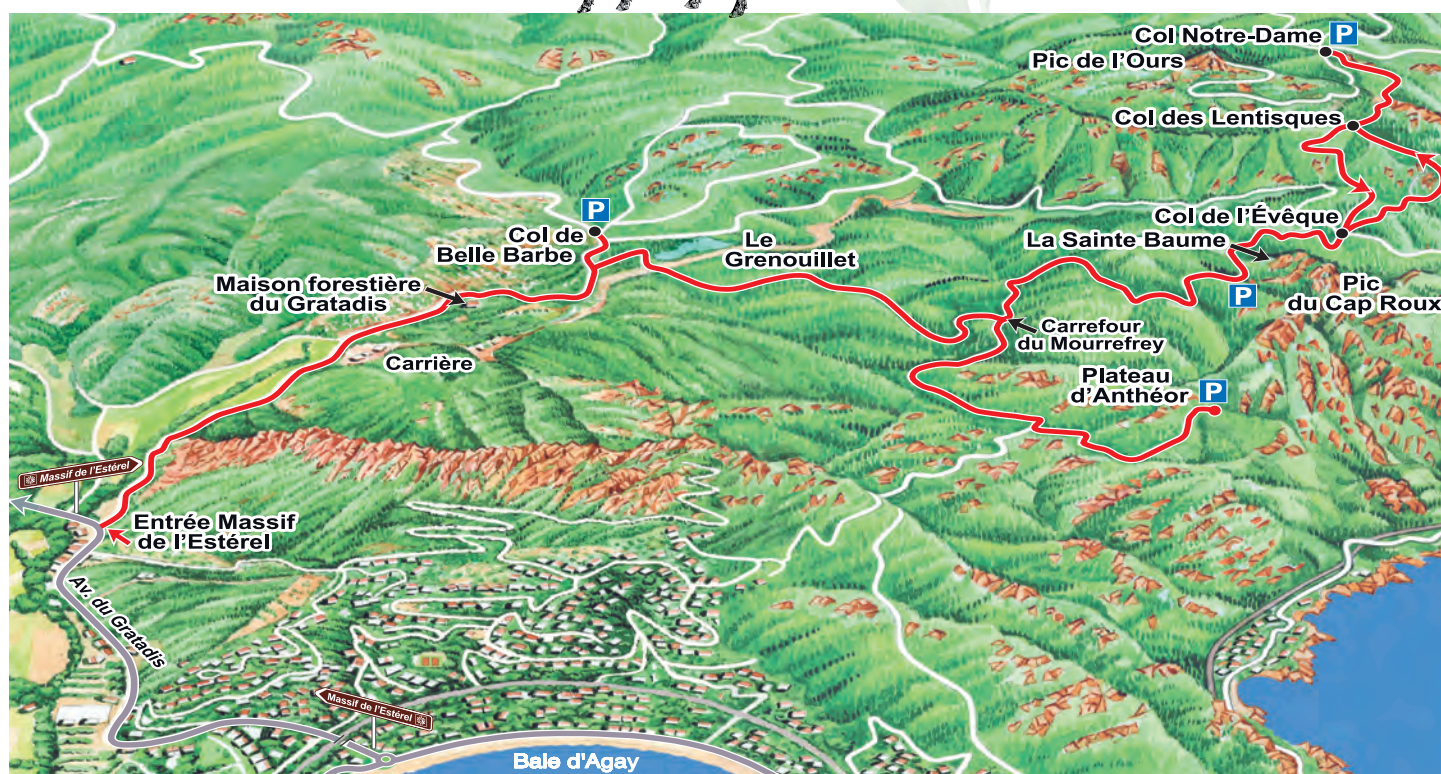
- . To follow the instructions stipulated on each site.
- . To remain on the marked paths to prevent soil erosion.
- . To avoid any deterioration of flora and to minimize harvesting.
- . Not to abandon waste outside the appropriate specific installations for waste disposal.
- . To pay attention not to cause a fire.
- . To park in order not to impede the passage of emergency relief.
- . To keep your dog on a leash and to bring your bag of cleanliness.
- . Please respect the wild animals and do not feed them.

“Don't miss



ENJOY A PICNIC There is a big picnic area at the edge of the mountain range with tables and benches. Access: In Agay, take the Estérel Massif direction, then enter the Massif on the right (brown signpost). 400 m after the Gratadis forest house, you will see a picnic area on your right.

VISIT THE SLOPES ON AN ELECTRIC BIKE The invention of the electric bike has opened up the Estérel to everyone. This is one of the best ways to visit the heart of the Estérel range. Set off up the mountain slopes, take the time to savour the landscapes, ravines, forest houses and mountain passes as you cycle along. Accessible for ages 10 and over. An environmentally friendly activity with an incredible feeling of freedom!





CAP DRAMONT PROTECTED BY THE NATIONAL FORESTRY OFFICE, OFFERS BREATHTAKING PANORAMAS OF THERED-ROCK CLIFFS, THE ILE D'OR, THE BAY OF AGAY AND THE ESTÉREL. THE SÉMAPHORE AT THE TOP OF THE CAP WAS BUILT IN 1860 ON THE RUINS OF THE WATCHTOWER WHICH DATED BACK TO 1562. THE CAP IS BORDERED BY THE PLAGE DU DÉBARQUEMENT BEACH, WHERE THE AMERICAN SOLDIERS LANDED ON THE 15TH AUGUST 1944. THIS SHADED BEACH LOOKS OUT ONTO THE ILE D'OR.

1 ALONG THE COASTAL PATH

⌚ 4 ½ hrs - 11km (one-way) 🏔️ 140 m

An energetic and steep trail

Departure: Port de Santa Lucia

Access: We strongly recommend you use public transport to get to the hiking trail departure points, then to go back on foot (there is little public transport on the way back).

- From the centre of Saint-Raphaël, take bus n° 8 (at the Camp Long stop) or the train (the Agay stop), then come back on foot.

- From Agay, Le Dramont, take bus n° 8 (Saint-Raphaël "Gare Routière" stop) or the train (Saint-Raphaël Valescure stop), and then go along the Promenade des Bains as far as Port Santa Lucia, where the path begins, then come back on foot.

Route: Follow the path with yellow signposts. There is a break in the trail for 700m between Pointe de Pierre Blave and Plage du Débarquement, where you need to walk beside the road. During the hike, you'll alternate between red rock cliffs, creeks with jagged rocks and beaches that are ideal for a dip or a picnic break. On the way, you'll see typically Mediterranean vegetation, pines, aloes and Barbary fig trees that heroically grow on the rocks with their contrasting colours, bearing witness to the rich geological past of the coast (red rhyolite, esterellite in Le Dramont, sandstone).

So, it is hardly surprising that at the end of the 19th century, the bourgeois and aristocratic elites chose this unique coast to build residences in enchanting styles, which perfectly blend in with the highly irregular coastline and that we can glimpse at the end of the splendid gardens overlooking the path. The most spectacular part of the trail is probably Cap Dromont, with its cliffs and dizzying view over the Île d'Or. Trail shown in pink on the map P12/13.

Path signposted in yellow

2 CAP DRAMONT

⌚ 2 hrs - 3km. 🏔️ 170 m

Departure point: Camp Long beach

How to get there:

. By car: Take the coastal road towards Agay until you get to the Dramont. Turn right when you see the sign "Tiki Plage" and park in the car park at the end of Allée Robinson.

. By bus: Number 8 - Camp Long stop

. By train: TER 03 - Le Dramont stop

Itinerary: Join the path at the wooden barrier below the car park, then after 200m turn right onto the dirt path and continue as far as the tarmac track. At the 2nd bend, continue straight ahead and you can admire the view from the Battery over Agay Bay. Retrace your steps and follow the tarmac track up to the **Sémaphore** (go round it on the right) and enjoy another breathtaking panorama. Go down as far as the intersection and turn right along the tarmac track that looks down over the southern face of Cap Dramont. At the end of the track, before turning right onto the path that will lead you back to your starting point, take a detour to the left as far as **Port du Poussaï**, a typical and colourful little port.



4

ROCHER SAINT-BARTHÉLÉMY



🕒 1h approx - 3.2 km (return trip) 🏔️ 75 m

Departure point: Rocher car park Shelf of Anthéor

How to get there by car: Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked "Saint-Raphaël par l'intérieur". Go under the small railway bridge and past the shops (bakery, boat and car repairs) then turn right onto a small road signposted "Massif de l'Estérel". After the Gratadis forester's house turn right in the direction of "Pic de l'Ours". At the next crossroads turn right towards "Rocher Saint-Barthélemy, Plateau d'Anthéor", then continue until you get to the barrier. Park your vehicle (remember to leave the access road clear for fire engines).

Itinerary: Go through the barrier and follow the road for 1.5km (approx 30 mins). The road is flat and closed to traffic. It overlooks the Corniche and offers excellent views over the sea. To return, simply retrace your steps. You can continue the walk after the rock up to the coast (2km round-trip).

THE BIOLOGICAL TRAIL A footpath accessible to visitors with reduced mobility has been designed at over 2,600 metres between the Anthéor plateau and the Rocher de Saint-Barthélemy.

3

FROM "MAISON FORESTIÈRE DU ROUSSIVAU" TO "PONT DU PERTHUS"



🕒 1h approx - 3,5 km (round trip) 🏔️ 60 m

Only from 20 September to 20 June

Route by car: From Valescure, head for Agay and turn off towards the "Estérel Caravaning" campsite. Continue for 5 km as far as the Forest House, where there is a large car park. Follow the tarmac road running alongside the Forest House.

Walk: You first walk past the farm's old wood area, before arriving at a site looking down on the river in its ravine to your right. The shaded trail gently goes down as far as the Perthus bridge, where a pretty river flows. Go back the same way.

5

FROM "COL DE BELLE BARBE TO "PONT DU PERTHUS"



🕒 1h approx - 4 km (round trip) 🏔️ 110 m

Route by car: From Agay follow the signs to "Massif de l'Estérel". Pass by the Gratadis forestry house, turn left towards "Col de Belle Barbe". Continue as far as the barrier across the road. Here you can park.

Hike: go through the barrier and walk along the tarmac road. At the Col du Mistral roundabout, turn left onto the forest road that goes downwards. The road leads down as far as the Perthus bridge, where a pretty river flows. Turn around. You can also continue the walk as far as the Roussivau forest house (extra 1-hour round trip).



Accessible for people
with reduced mobility



Accessible to baby strollers



Picnic tables



6 PIC DE L'OURS

🕒 1h ½ - 2,3km circular walk 🏔️ 200 m
Departure point: Col Notre-Dame

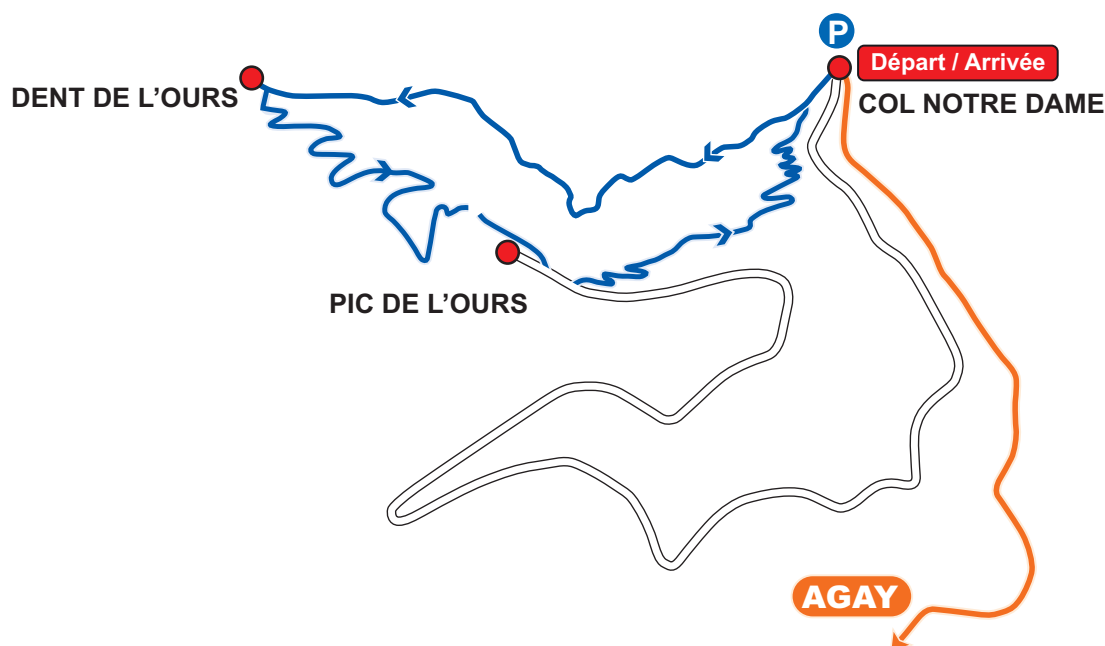



How to get there by car: Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked "Saint-Raphaël par l'intérieur". Go under the small railway bridge and past the shops (bakery, boat and car repairs...) then turn right onto a small road signposted "Massif de l'Estérel". Next follow the signs for "Pic de l'Ours" (8km).

Itinerary: A number of routes leave from Col Notre-Dame: follow the path with wooden arrows marked "Dent de l'Ours - Pic de l'Ours". The path climbs slightly at the beginning. Turn right at the intersection, and you will arrive at the foot of the Dent de l'Ours. At the rock, enjoy a breathtaking view over the bay of Cannes and the famous Lérins islands, with the bay of Fréjus and the Maures mountains in the distance. Retrace your steps, and after 20 metres turn right along the path going up towards the summit of the Pic de l'Ours. At a height of 492m it offers a stunning panorama of the Esterel. The diverse ecosystems of the Massif can be seen: jagged summits, red rock cliffs, vegetation, ravines... The flora is just as diverse: cork oak (dominant species), maritime pine, heather, strawberry trees. This environment is typical of the Mediterranean. Go past the transmitting antenna and continue about 50m on the road then take the path on the left which heads downhill (beware - steep path). You can also head back on the tarmac road (20 mins longer but easier).



■ Path signposted in blue □ Tarmac pedestrian route ■ Tarmac road








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PIC DU CAP ROUX

⌚ 2 hrs - 4.3km round-trip 🏔️ 360 m

Departure point: parking de la Sainte-Baume

Please note: the path goes through areas of scree (loose stones), so you'll need good walking shoes

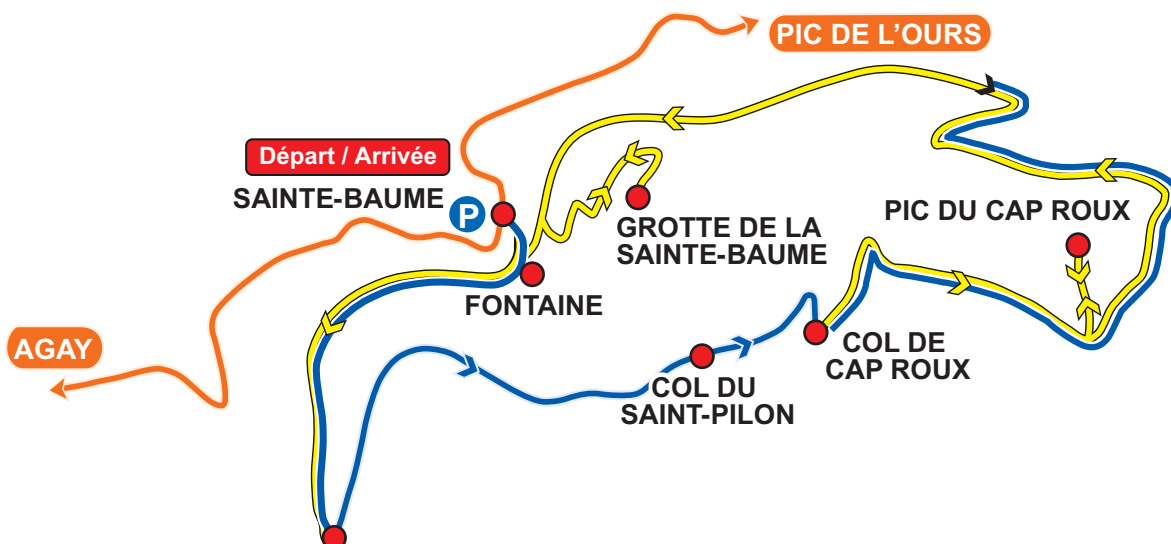
How to get there by car: Take the coastal road towards Agay and when you arrive at the roundabout in Agay follow the D100 towards "Massif de l'Estérel". Go under the small railway bridge and past the shops (bakery, boat and car repairs) then turn right onto a small road signposted "Massif de l'Estérel". Follow signs for "Pic de l'Ours" and park in the Sainte-Baume car park.

Itinerary: Go up the steps leading to the chapel in the rocks. Follow the path until you come to the fountain (drinking water). Take the path on the right and continue for 50m then take the path on the left that leads uphill.

Follow the path for about 1.5km and at the crossroads take a sharp left and head uphill towards the red rocks of Saint Pilon col. From here you have an exceptional view of the rugged coastline. The path follows the coastline and comes to another crossroads. On the left there is a path (dead end) that takes you 100 metres to the summit of Cap Roux and the viewpoint indicator (453m altitude with views from Cannes to Cap Camarat). Come back down the same path and turn left to continue your walk. You will head slightly downhill and away from the coastal side of Cap Roux towards the massif Continue straight on, ignoring the blue cross (don't take the paths leading off to the right). You will arrive back at the fountain.

Alternative route: Just before coming back to the fountain there is a path on the left heading up the hill that leads to the Sainte-Baume Grotto where the Saint-Honorat hermit used to live (round-trip 45 mins).

Path signposted in yellow
 Path signposted in blue
 Tarmac road






8 ÉTANG D'AUBERT

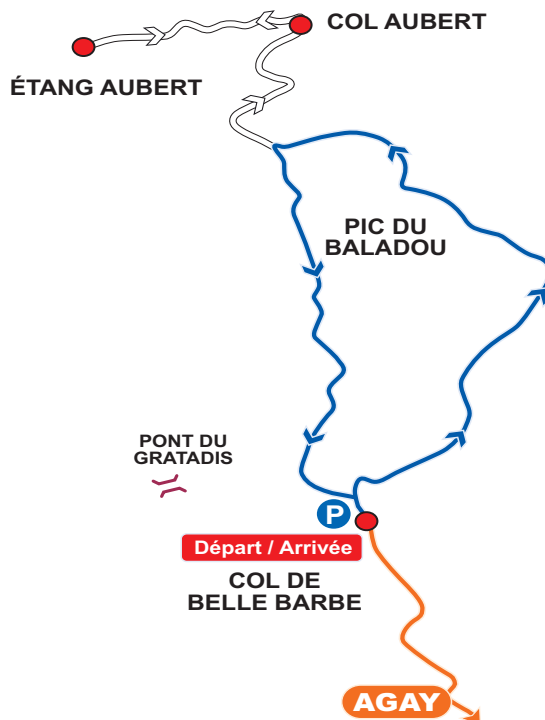
🕒 1h ½ - 3,8 km 🏔️ 140 m

Departure point: Col de Belle Barbe car park
In the heart of the Esterel

How to get there by car: Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked "Saint-Raphaël par l'intérieur". Go under the small railway bridge and past the shops (bakery, boat and car repairs...) then turn right onto a small road signposted "Massif de l'Esterel". Follow signs for "Col de Belle Barbe".

Itinerary: From the Col de Belle Barbe take the path signposted in blue. After 50m turn right (leaving the path to get back on your left). At first the path overlooks the Malinfret stream then continues through a pine forest before arriving at a crossroads. The path to go back is on the left but for the moment keep going straight on. Follow the path to discover the magnificent view of the rugged rocks of the Perthus. You arrive next at the Col d'Aubert where several paths come together. Take the path on the left which leads downhill. After 500m you will arrive at the "Étang d'Aubert", a small area of water ideal for a picnic stop. This area is filled by the rain water which flows down from the Baladou. In summer the water lilies are in flower. Retrace your steps and go back to the Col d'Aubert. From there, turn right along the path you followed on the way out, all the way to the intersection. The path to the right takes you down to Col de Belle Barbe through the trees

Path signposted in blue 
Path not signposted 
Tarmac road 



9 RASTEL D'AGAY

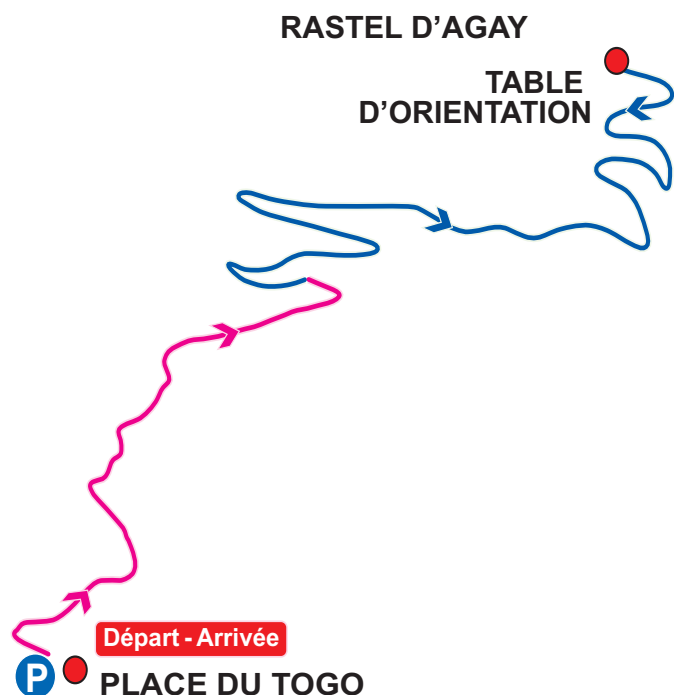
🕒 2 hrs approx - 7km (round-trip) 🏔️ 360 m

Departure point: place du Togo in Agay

How to get there:

- . By car: free parking at place du Togo
- . By bus: number 8. "relais d'Agay" stop
- . By train: TER 03. "Agay" stop

Path 
Tarmac road 



Itinerary: Go along the avenue du Gratadis for 50m and take the steps on the right that lead to the "Domaine du Rastel". Keep going uphill along the boulevard du Rastel (several bends). On your left you'll see a forest path called "le drapeau". Keep it on your left and continue 200m along the boulevard. After a large hairpin bend you'll see the second path also called "le Drapeau". Go through the green barrier onto the path and keep going uphill until the summit. A viewpoint indicator explains the superb panorama over the Bay of Agay. To return, retrace your steps.



MOUNTAIN BIKE TRAILS - LE MALINFERNET

Length: 11.7km - 1 hour
Incline: 250 m
Difficulty: Medium

This trail alternates between narrow, rocky trails and tarmacked paths.

How to get there by car from Agay: At the roundabout take the exit towards St-Raphaël (inland route), go under the small railway bridge and past the shops (bakery, boat and car repairs...) then turn right onto a small road signposted "Massif de l'Estérel". Follow signs for "Col de Belle Barbe".

Mountain bike departure point: Col de Belle-Barbe car park. Turn right in the direction of the Lac de l'Ecureuil and go along the Grenouillet river. When you arrive at the ford continue on the left along the "canyon du Malinfernnet". At the fork take the left hand trail by cycling through the ford. When you get to the lake "Lac de l'Ecureuil" (dry lake), go along the left hand trail and continue for about 2km until you get to the Baisse de la Grosse Vache crossroads. Take the left-hand trail for 3km until you reach the Col du Mistral. At this point take the trail on the left which leads to the Col de Belle-Barbe.



MOUNTAIN BIKE TRAILS - LES BALCONS D'AZUR

Length: 34km - 2 to 3 hours
Incline: 580m
Difficulty: Hard level

Access by car: From Saint-Raphaël, head towards the Golf de Valescure, then park after the San Pedro hotel, near the roundabout.

Mountain bike departure point: continue on straight ahead for about 1 km. Go past the first car park on the right (in a left-hand bend) and, 100 m further on, you will come to the Colle Douce car park. Take the large path towards Mont Vinaigre then at the Roche Noire crossroads turn left in the direction of the Cantine du Porfait. Next you'll come to a tarmacked part of the trail to reach the Malpey forester's house. Take the trail on the right in the direction of the Col de l'Olivier (stone marker) then go along the main trail until you reach the Duchesse forester's house.

Continue uphill (straight on) to the Baisse Violette then the Col des Suvières. At the Col du Mistral, turn right towards the Baisse de la Grosse Vache. This tarmacked trail will lead you to the Roussivau forester's house. At the barrier take the Castelli trail on the right which will lead you right back to your departure point.



MOUNTAIN BIKE TRAILS

CAP ESTÉREL COL DE BELLE BARBE

A short mountain bike trail, ideal for families. This trail takes you into the Estérel and close by the Gratadis lakes.

Length: 6 km (one way) - 30 min
Incline: 280 m
Difficulty: average

Access by car: Cap Estérel car park

Departure: Walk along the path on the right, "Les Sentiers de l'Estérel", and after the two wooden footbridges, turn right onto the large path and turn off to the right again (1.5km) where you will come to a very pleasant descent (single track) leading to the Ferrières valley.

Continue to the right along the tarmac road as far as the ford of Pont de la Charette (3.7km), then turn left onto the large road and you will see "Massif de l'Estérel" on the right. Walk along the banks of the Gratadis lakes, then head towards Col de Belle Barbe.

ROAD BIKE TOUR - MASSIF DE L'ESTÉREL

Distance: 15km

Time: 1h

Difficulty: Green - Family route

How to get there by car: Take the coastal road towards Agay. At the roundabout in Agay take the "Saint-Raphaël par l'intérieur" exit. Go under the railway bridge then park at Place du Togo on the left.

Itinerary: Go along avenue du Gratadis for 1.5km then turn right towards the Estérel Massif. After the Gratadis forestry house turn left (3.8km) towards the col de Belle Barbe. Go through the barrier and head towards the col du Mistral, then past the Roussivau forestry house and Estérel Caravaning campsite. Finally turn left onto the cycle path which will lead you back to the start.

ROAD BIKE TOUR - LA CORNICHE D'OR

Distance: 60km

Time: 2h30

Difficulty: Blue - Warning, this itinerary requires vigilance and caution (not recommended for families)

Itinerary: From Saint-Raphaël follow the Corniche d'Or coastal road until Théoule. At La Napoule roundabout turn left (uphill) then left again at the Peygros roundabout. Go along the RN7 road towards Saint-Jean-de-Cannes until you reach the col du Testanier (Estérel summit). All that's left to do is head back to the start via Fréjus.

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GOLF DE VALESCURE 18 holes

Created in 1895. This is the oldest golf course in Var and the 5th oldest in France. The course is laid out much like a British golf course, with several rather short-distance holes. Route des golfs - 83700 Saint-Raphaël Tél. 04 94 82 40 46 golfdevalescure.com

GOLF DE CAP ESTÉREL 9 holes

Set in a preserved 210-hectare estate at the foot of the Esterel mountains, this technical, hilly course offers a majestic vista over the Mediterranean. Golf de Cap Estérel - RN 98 - 83530 Agay Tél. 04 94 82 57 10 golfstars.com

SIGHTSEEING NEARBY

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ROQUEBRUNE SUR ARGENS 15km away - A medieval village at the foot of the Rocher de Roquebrune. Don't miss the Church, the Tower and ramparts, the sun dial, the Chocolate Museum, as well as a wide range of hiking trails around the rock. roquebrunesurargens-tourisme.fr

LE GOLFE DE SAINT-TROPEZ 40km away - Visit the Citadel, the Annonciade Museum and the Provençal markets on Place des Lices every Tuesday and Saturday morning. The beaches: Les Salins, Pampelonne. Traditional villages: Grimaud, Ramatuelle, Gassin and Port-Grimaud, the lakeside town. golfe-saint-tropez-information.com

ILES DE LÉRINS 40km away - Off the coast of Cannes, the Lérins archipelago is made up of two islands: Sainte Marguerite, the larger island, famous for its fort where the famous Man in the Iron Mask was imprisoned, and St-Honorat, for its monastery. Don't miss: the Royal Fort, the Sea Museum, the St-Sauveur, St-Porcaire and St-Pierre chapels, and 20 km of forest trails to enjoy. cannes-ilesdelerins.fr

“Don't miss”

● **MIMOSA ROUTE IN WINTER**

- The 130 km Mimosa Route runs from Bormes-Les-Mimosas to Grasse: **Saint-Raphaël is at km 59**. The Mimosa Route stretches from Bormes-Les-Mimosas to Grasse. The route is recommended between January and March, and is typically the symbol of the French Riviera winter, providing a holiday journey in a mild climate, with a blue sky and a yellow sun... Winding its way between the coast and the forest areas, the road will show you all the riches of the French Riviera, its authenticity, its unique environment, its festive atmosphere and its unsuspected heritage with the perfumed fragrance of mimosa. routedumimosa.com

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Nice : 60 km. Cannes: 41 km. Marseille: 160 km. Toulon: 93 km.
Saint-Tropez: 38 km.

By rail

• Saint-Raphaël /Valescure TGV station. Tel. 36 35 snf.com
• PACA Regional Express Rail Network (TER). Tel: +33 (0)800 11 4023
Stations: Boulouris-Le Dramont-Agay-Anthéor Cap Roux-Le Trayas
ter-sncf/paca

By air

Nice Côte d'Azur International Airport, Marseille Airport, Toulon/Hyères
Airport, La Môle/Saint-Tropez Airport
Airport Connections : Bus Aéroport ligne 300303. zou.fr

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TO MOVE AROUND

By boat :

• Les Bateaux de St-Raphaël. From April to November.
Tel. 04 94 95 17 46 bateauxsaintraphael.com

By bus :

Bus station: 100 rue V. Hugo. Tel. 04 94 44 52 70.
Open Monday to Friday-8am to 12pm and 2pm to 5.45pm.
Agglobus services: Connections covering the urban area. Price: €1,50
agglobus-cavem.com
Réseau Zou : covers the main towns of the Var: Draguignan, Saint-Tropez,
Fayence. Price: €3. zou.fr

Taxi : The "Taxis de St-Raphaël"

association offers a tailor-made pre-booked transport service.

- Central Radio Taxi : Tel. 04 94 83 24 24
- Boulouris : Tel. 06 09 52 32 24
- Agay : Tel. 06 09 77 44 49
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